

# Survey of Cesarean Section on Request

(conducted at 5th Singapore O&G Congress, Sheraton Towers, Singapore)

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A survey was undertaken of those attending the debate on cesarean sections (CS) on maternal request on 9 September 2005. An interactive audience poll after the debate revealed that majority were not in favour that *all* cesarean sections on maternal request be allowed. However in the survey, the majority allowed CS on maternal request for specific indications, the most common being fear of labour & pain and the second most common was social convenience (astrological, patient or husband's request).

## Results:

### Audience Poll Question (51 responses from doctors/nurses in the forum)

1. All cesarean sections on maternal request should be allowed?  
Yes: 15 (29.4%) No: 36 (70.6%)

5. What is the most common reason for patient requesting a non-medically indicated CS ? (n=71)

Reason	No	%
Social Convenience (Astrological, Patient or Husband's request)	<b>16</b>	(22.5%)
Fear of labour & pain	<b>36</b>	(50.7%)
Safe for the baby	<b>3</b>	(4.2%)
Previous LSCS	<b>1</b>	(1.4%)
Personal prejudice	<b>2</b>	(2.8%)
Perceived "weakness" of pt	<b>1</b>	(1.4%)
Perceived Fetal Distress	<b>1</b>	(1.4%)
Perineal protection	<b>2</b>	(2.8%)
Unpredictability of labour	<b>1</b>	(1.4%)
Good result and less pain	<b>1</b>	(1.4%)
Fear of labour & pain + Pt thinks it's safer for the baby	<b>1</b>	(1.4%)
Blank	<b>6</b>	(8.5%)
Total	<b>71</b>	(100.0%)

### Audience Survey Questions (71 responses from doctors/nurses in the forum)

2. Do you allow Cesarean section (CS) on maternal request?  
Yes: 57 (80.3%) No: 14 (19.7%)

#### Yes, allow (n=57)

- 3a. Do you try to dissuade/discourage them first ?  
Yes: 54 (94.7%) No: 3 (5.3%)  
3b. Do you advise a second opinion for this ?  
Yes: 22 (38.6%) No: 35 (61.4%)

#### No, do not allow (n=14)

- 4a. Do you advise a second opinion for this?  
Yes: 8 (57.1) No: 5 (35.7)% Blank: 1 (7.1%)  
4b. Did you lose your patient before because you refuse non-medically indicated CS ?  
Yes: 1 (7.1)% No: 12 (85.7)% Blank:1 (7.1%)

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6. What is the approximate percentage of patient request for CS in relation to all your CS? (n=71)

0.0-5.0% <b>39</b> (54.9%)	5.1-10.0% <b>11</b> (15.5%)	11.0-15.0% <b>3</b> (4.2%)
15.1-20.0% <b>5</b> (7.0%)	20.1-25.0% <b>1</b> (1.4%)	25.1-30.0% <b>2</b> (2.8%)
>30.1% <b>0</b> (0.00%)	Blank <b>10</b> (14.1%)	



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