

Seasons of Womanhood

TC Tan
Chairman, Organising Committee,
Seasons of Womanhood

Womanhood is a constant journey and discovery of a woman's evolving state of mind and body as they go through the different phases of life. As such OGSS will be organising a two-day forum which focuses on addressing Total Woman's Wellness.

Seasons of Womanhood was held in Conrad Centennial Singapore from 2 to 3 September 2006. This forum theme parallels the changing gynaecological issues faced by women in their various life stages with the changing of seasons in Nature. We had 773 participants over the 2 days.

Seasons of Womanhood has been the first OGSS major initiative to be designed and executed by the OGSS young members and we hope that the forum will address women's concerns while providing professional medical facts and advice needed to assist women in prevention, early detection and recovery through appropriate care.

We have lined up an informative programme, comprising exhibition and talks conducted in English,

Mandarin and Malay, that addressed the gynaecological issues and challenges faced by women today. This includes sexual responsibility, pregnancy, subfertility, menstrual disturbances, menopause and anti-aging programme as well as female cancers.

There were concurrent "Ask Doc" sessions where the public can ask health queries and advice to our panel of OGSS member doctors.

We are honoured to have Dr Amy Khor (Senior Parliamentary Secretary, Ministry of Environment and Water Resources; Mayor, South West District and Member of Parliament, Hong Kah GRC) as our guest-of-honour for the Opening Ceremony on 2 September 2006. We are glad to partner Health Promotion Board and Southwest Community Development Council with LIVE 938 as our supporting radio partner.

We incorporated the OGSS member directory in the programme booklet so that the public can get to know all members as well.

Advisor

A/Prof Tay Eng Hseon

Secretariat

Salbia Ibrahim

Event Facilities

Tan Heng Hao
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Exhibition

Edwin Thia
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Chairman

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Main Programme

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Publication

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Treasurer

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Fund Raising

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"Ask Doc" Session

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